

Angel Road Infant Newsletter



20.07.2018

NEWS

Thank you to all Mums, Dads and Carers for the support you have given to your children and the school throughout the school year.

The year has developed into a successful and exciting time for Angel Road. The children and staff have worked incredibly hard to attain the highest possible standards. We also have ensured that the children have enjoyed a wide range of experiences, visits, a host of sporting activities, outstanding performances and regular opportunities to play and enjoy music.

The next school year provides great opportunities for us to continue to improve the school and ensure that the children have the best opportunities to enjoy and succeed in their learning.

Counselling

Mrs Roadley-Battin is offering free counselling sessions to parents as part of her final year of training. Counselling provides a safe, impartial and confidential space in which to explore your feelings. Talking to a counsellor in a confidential setting, safe in the knowledge that what you say will be respectfully listened to.

All of us at some point in our lives will experience times when we feel that we are overwhelmed or cannot cope. These feelings often impact on other areas of our life.

Feelings such as anger, grief, anxiety and loneliness can be distressing and cause anguish, especially if they have been with us for a long period of time. Counselling can help you to explore and reflect upon these feelings.

Counselling is not advice and may feel different from other types of help. It is a process where counselling can help you to explore and understand difficulties, and then help you to develop your own resources to cope with them.

Sessions will take place out of school hours. Please call 01603 425494

Have a fantastic summer holiday. See you all back in school bright eyed & bushy tailed on the 6th September!!



